

**HEALTH FORM IS DUE ONE WEEK PRIOR TO START DATE OF CAMP SESSION**

**The ENTIRE Mikell Health Form, including the Healthcare Recommendations by Licensed Medical Personnel (LMP) page, must be completed and returned to Camp EVERY YEAR.**

**A completed Health Form, including Licensed Medical Provider signature, is REQUIRED for each camper/counselor.**

Name: \_\_\_\_\_  
Last First Middle Goes by

Address: \_\_\_\_\_  
Street City State Zip Code

Home Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Gender: ☐ Male ☐ Female

Custodial Parent/Guardian: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Business: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: ☐ Same as camper/counselor (see above)

\_\_\_\_\_  
Street City State Zip Code

Additional Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Insurance Information**

Is the camper covered by family medical/hospital insurance? ☐ Yes ☐ No

Insurance Company: \_\_\_\_\_ Member ID: \_\_\_\_\_

**PLEASE ATTACH A COPY OF BOTH SIDES OF YOUR HEALTH INSURANCE CARD**

Parent/Guardian Authorization: The camper listed on this form has permission to engage in all camp activities except as noted. I hereby give permission for necessary health care for my child, as needed. I understand that I will be notified if my child has an illness or injury requiring a visit to a physician, or if he/she is incapacitated for more than 24 hours.

I have supplied complete and accurate health information related to the camper or staff participation in specific activities.

I hereby give permission for any certified/licensed emergency health personnel and/or physicians to treat my child, including hospitalization, for the person named above, and I give permission for Anna C. Dinwiddie or other authorized Mikell personnel to sign forms and give permission for emergency medical care.

Signature of parent/guardian: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

List and explain any restrictions to activities: \_\_\_\_\_

Camper/Counselor's Last Name:

Session:

## HEALTH FORM IS DUE ONE WEEK PRIOR TO START DATE OF CAMP SESSION

### Health History

*The camper's legal guardian or physician must fill out the following so, we can be aware of any needs.*

**Allergies:** ☐ None

Medications: \_\_\_\_\_

Food: \_\_\_\_\_

Other (Insect, Latex, Seasonal, etc.): \_\_\_\_\_

**Medications:** ☐ None (including over the counter medications)

☐ The camper takes the following medications:

Medication Name	Dosage	Frequency	Reason for Taking

Please indicate which of the following over the counter medications may be administered by our camp nurse, if needed:

☐ Acetaminophen

☐ Sinus Medications

☐ Antacids

☐ Ibuprofen

☐ Pepto Bismal

☐ Cough Medicine

☐ Benadryl

☐ Kaopectate

☐ Antibiotic Cream

Please list any contraindications or concerns about over the counter medications: \_\_\_\_\_

### Dietary:

Please list any dietary restrictions/needs: \_\_\_\_\_

### Has the camper:

Had a recent injury, illness, or infectious disease? ☐ No ☐ Yes, \_\_\_\_\_

Ever had a chronic or recurring illness/condition? ☐ No ☐ Yes, \_\_\_\_\_

Been hospitalized? ☐ No ☐ Yes, \_\_\_\_\_

Ever had surgery? ☐ No ☐ Yes, \_\_\_\_\_

Had behavioral issues? ☐ No ☐ Yes, \_\_\_\_\_

Further explanation of above: \_\_\_\_\_

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Please use this space to explain any additional information regarding the physical, emotional, or mental health of the camper about which the camp should be aware.

**Immunization Record:** ☐ See attached form

Vaccine	Month/Year	Month/Year	Month/Year	Month/Year	Month/Year	Month/Year
DTP						
TD (tetanus/diphtheria)						
Tetanus						
Polio						
MMR						
Or Measles						
Or Mumps						
Or Rubella						
Haemophilus influenza B						
Hepatitis B						
Varicella (chicken pox)						

**The camper has had:**

☐ Measles      ☐ Chicken Pox      ☐ German Measles      ☐ Mumps  
☐ Hepatitis A      ☐ Hepatitis B      ☐ Hepatitis C

**Name of pediatrician/family physician:** \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Phone: \_\_\_\_\_

**Name of family dentist/orthodontist:** \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Phone: \_\_\_\_\_

**For Mikell Use Only:**

Medications Received: ☐ See MAR

Additional Notes:

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**HEALTHCARE RECOMMENDATIONS by LICENSED MEDICAL PERSONNEL  
REQUIRED EVERY YEAR**

I examined \_\_\_\_\_ on \_\_\_\_\_.  
Camper/Counselor's Name Date

Date of Birth: \_\_\_\_\_ BP: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

**In my opinion, the above individual ☐ is ☐ is not able to participate in an active camp program.**

This individual is under the care of a physician for the following conditions: \_\_\_\_\_

**Recommendations/Restrictions for Camp:**

Treatment to be continued at camp: \_\_\_\_\_

**Medications to be administered at camp:** ☐ None ☐ As listed below

Medication Name	Dosage	Frequency	Other Instructions

Any medically-prescribed meal plans or dietary restrictions: \_\_\_\_\_

Description of any limitations or restrictions on camp activities: \_\_\_\_\_

Additional information for healthcare staff at the camp: \_\_\_\_\_

**Allergies:** ☐ No known Medications: \_\_\_\_\_

Food: \_\_\_\_\_

Other: \_\_\_\_\_

**Signature of LMP:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_