

*26 Years of  
Creating Art in Community!!*

## *Allan Folk School Fall 2025 Course Offerings*



For 26 years Camp Mikell has hosted the Allan Folk School twice a year. Founded in 2000 by the late Bishop Frank Allan, his wife Elizabeth, and his assistant Glenna Smith, the Folk School brings talented artists and instructors together to share their craft with others. The Folk School experience comes out of the Danish Folk School from the 19th century, which transformed the countryside of Denmark. The Allan Folk School is a place where people of all backgrounds and abilities can come together for a weekend to discover their inner creativity, try their hand at a craft or art form, and just have fun. One does not need to be an “artist” to participate - most aren’t.

We are excited for this year’s program which includes more offerings than ever before. We have five new offerings as well as some classes that have not been offered in a while. So, browse the catalogue and find something that piques your interest. Try your hand at something new or something you’ve always wanted to try. And bring a friend. We have plenty of spaces available.

## Painted Barn Quilts **NEW!!**

Instructor/Artist: Jeannine Krenson



A barn quilt is a piece of wood painted to resemble a quilt block, usually displayed on the side of a barn. If you traveled back roads to Camp Mikell or other locations, you have likely seen these displayed. The wood on the side of barns is typically 4' or 8' square. The barn quilts we will create at Folk School will be 2' x 2' square, much more suited to being displayed on a porch or in a family room. We will be working with paint, so please dress appropriately, including a smock or apron. Quilt block patterns, paints, brushes, and other supplies will be provided. There will be plenty of block patterns to choose from or you may bring your own if you have discussed it with the instructor prior to Folk School.

**Class Minimum: 4; Class Maximum: 12.**

## Cherokee Lore **NEW!!**

Instructor/Artist: Blake Burks



Come learn about the Cherokee people who, from around the 15<sup>th</sup> Century until the Revolutionary War, inhabited the land where Toccoa and Camp Mikell now sit. We will learn how the Cherokee used and lived on this land. We will explore the culture of the Cherokee people and why and how they used hunting and gathering (farming) to support themselves. We will explore some of the gentler trails of Camp Mikell, looking at the land the way the Cherokee may have and try our hands at some Cherokee inspired artwork. Blake Burks, former Director of the Blue Ridge Outdoor Education Center at Camp Mikell, has worked in collaboration with the Museum of Cherokee People to ensure the material presented is factual according to the Cherokee and appropriate for a non-Cherokee person to teach.

**Class Minimum: 3; Class Maximum: 15.**

## Coiled Baskets

Instructor/Artist: Lida Waugh



The coiled basket process is one of the oldest of the three dimensional fiber arts. It is a NON-WOVEN technique, involving wrapping and stitching a flexible fiber around a sturdier core for stability. Many ancient cultures have used this process for thousands of years to construct containers of a variety of shapes and sizes for holding and storing items. Students will have a choice as to the diameter size of the core material, and wrapping fibers they would like to use. Students may choose to supply some additional materials for personalization in their final piece.

**Class Minimum: 3; Class Maximum: 8.**

## Copper Enameling

Instructor/Artist: Philippa Anderson



Students will be introduced to basic copper enameling techniques. They will learn different methods of applying colorful enamel to various copper forms and firing them in the kiln to create small art pieces and jewelry. By the end of the weekend, students will have several finished pieces to take home with them. Supplies and tools are provided, but if you have old leather or heavy cloth gardening gloves and a pair of sunglasses with UV protection to wear while using the kiln, please bring them.

**Class Minimum: 4; Class Maximum: 8.**

## Embroidery in a Stitch Book **NEW!!**

Instructor/Artist: Amanda Stephens



Students will be introduced to 20+ basic embroidery stitches and variations. They will learn embroidery basics (supplies and tools), common and fancy stitches, uses of embroidery, and learn to make simple fabric books, both softbound and hardbound. By the end of the weekend, students will create their own Stitch Book Reference Tool that they can use to continue their embroidery journey with new projects. They will also get to see

many kinds of finished embroidery projects and modern supplies to inspire them on their next journey.

What to bring: Supplies and tools are provided, but if you have special embroidery thread or tools you prefer, you are welcome to bring them. This class is appropriate for beginners as well as a fun class for more experienced sewists.

**Class Minimum: 6; Class Maximum: 12.**

## Folk Hand Puppets **NEW!!**

Instructor/Artist: Chris Dockery



Make a folk hand puppet! Puppetry has long been used as a form of entertainment, art, and even political commentary. Historical records mention puppets for the first time in the 4th century BC when Aristotle wrote about them in his treatise "On the Soul," but scholars believe puppets date back much further. The ancient art form has been used for thousands of years to entertain, educate, and enlighten people of all ages. In this workshop, students will learn to build a basic armature and apply papier mâché, paint, fabric, and accessories to bring a character to life. We will draw puppet inspiration from folklore and enjoy bringing some stories to life with our characters!

**Class Minimum: 3; Class Maximum: 15.**

## Knitting

Instructor/Artist: Marie Brown



**Beginning Knitting:** Learn the basics of knitting, starting with reading a pattern, selecting yarn & needles, casting on to begin your project, the knit stitch and binding off. Your project will be a twisted headband that you can wear this fall & winter!

**Intermediate Knitting:** For those knitters who are comfortable with the basics (including how to purl), get ready to take the leap into SOCKS!! You'll learn techniques to cast on for "toe-up" socks, ways to ensure a great fit, different options for the heel, picking up stitches and more! There are endless ways to knit a pair of socks, and once you learn the techniques, the possibilities are endless!

**Class Minimum: 4; Class Maximum: 8 (Max 3 Beginners).**

## Quilting

Instructors/Artists: Hala Hess White and Renee Adams



Quilting at Folk School makes room for beginners and experienced quilters alike. Even if you've never used a sewing machine - even if you don't have one - join us and make a quilt top during camp. We offer a pattern specially designed for the weekend, but you are welcome to bring your own project. Hala Hess White will be joined in October by Renee Adams who first quilted at Folk School! Come stitch with us!

**Class Minimum: 3; Class Maximum: 6.**

## Beginner-Stained Glass

Instructors/Artists: Mark Daddona, Donna Stokely, Jere Stokely, Ethel Wright



For true beginners *and* for those who have had a few classes but still need some instructor guidance. Participants will build a simple stained glass panel (approximately 8" x 8") using the copper foil (Tiffany) method. No previous experience required. You will learn basic stained glass techniques, including glass selection, glass cutting, breaking, and grinding, assembly, and soldering. **Students must have hand strength and the ability to stand for long periods while working.**

**Class Minimum: 3; Class Maximum: 10.**

## Intermediate Stained Glass

Instructor/Artist: Nancy Brockway



For those with previous stained glass experience who are able to work with minimal instruction. Intermediate students work on larger projects of their own choosing and may learn new techniques, such as lead, plating, or foil overlays.

**Class Maximum: 6. *\*Instructor approval required\**.**

## Advanced Stained Glass



Advanced students work independently or collegially with other advanced students on projects of their own choosing. No instruction is offered other than occasional questions answered. Please bring any tools or supplies you may have. *\*Instructor approval required\**

**Number of spaces based on available studio space. *\*Instructor approval required\**.**

## Expression Through Watercolors

Instructors/Artist: Anna Fallon, Peggy Fallon



Filled with inspiration but find frustration translating it to paper? Come explore the world in watercolor and find your joy! Artists will gain confidence with the basics of watercolor technique and brushstrokes and use those skills to create their own masterpiece. Both expressive and realistic styles will be explored with instructors who are here to inspire. All materials included. Feel free to bring an idea to paint. Instructors will have books and examples to share!

**Class Minimum: 4; Class Maximum: 12.**

## Weaving

Instructor/Artist: Laura E. DeMars



Cotton Towels - Each student will weave 1- 2 cotton checkered towels, measuring 15"W x 25"L. Each towel will be finished by either a hand or machine sewn hem. Looms will be set up with a natural color warp, and a wide selection of colors will be available to choose from for the checkered pattern weft. Towels are durable and machine washable. Beginners welcomed. **Each participant should bring with them a pair**

**of scissors and a sewing tape measure.** All other supplies will be provided.

**Class Minimum: 3; Class Maximum: 4.**

## Woodturning

**Instructors/Artists: Michael Waugh and Assistant Instructors**

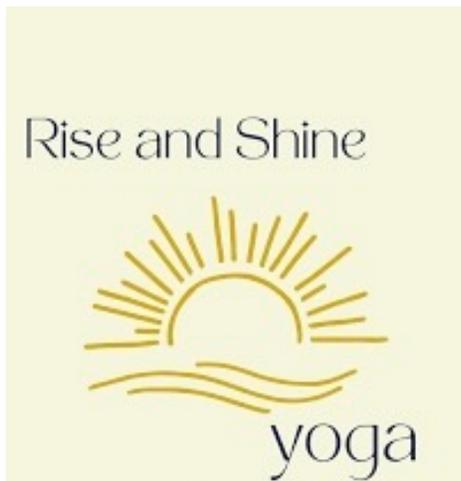


Learn to turn a bowl or refine your skills in bowl-making. Each participant from beginner to experienced turner will work at their own pace and skill level. The class will provide bowl blanks and several wood finish products but feel free to bring your own bowl blanks and any finishes you might prefer. If you have spindles and tools for pen-making or other small spindle projects, bring them and feel free to make those projects as part of the class. If you have personal turning tools you would prefer to use, bring them along with your sharpening guides for the grinder. Otherwise, bowl turning tools will be provided. Also, please don't forget to bring any safety equipment and special clothing you wish to use such as dust masks and eye protection, aprons/tunics, and comfortable footwear.

**Class Minimum: 4; Class Maximum: 10.**

## Rise 'n Shine Yoga – **NEW!!**

**Instructor: Kim Butler**



Start your day **Saturday** with gentle stretches, deep breathing, and some easy movement, which can help you feel energized and ready to meet the day. We will meet at 7:15 am in the ODH. Weather permitting, we might meet outside. Bring a yoga mat, towel, or choose to do your stretching in a chair. All levels welcome and encouraged to attend.

**No minimum or maximum but it would be helpful to know how many are interested.**

**Supply fee: none.**

***Sign up for this in addition to a class or Independent Study.***

## Independent Study



For those who would like to work alone or with another person on their own project without an instructor, (e.g., writing, photography, handwork) or hike and watch the leaves, or just sit in a rocker with a good book. Enjoy the company of other artists and friends amid the peaceful environment of Camp Mikell

**No minimum. No maximum.**

## See Y'all in the Fall at Mikell

